

EU DELEGATION TO
MYANMAR

MEDICAL CONTACTS IN YANGON MYANMAR

February 2016

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<i>THANTAKIT DENTAL CLINIC</i>	ERROR! BOOKMARK NOT DEFINED.

1. General Advice

For serious medical scenarios we recommend you seek medical care from hospital services in Thailand. Some doctors in Myanmar are Western trained but facilities and equipment are often old and poorly maintained.

Medical facilities outside of Yangon are minimal and totally inadequate in the remoter regions of Myanmar. There are no suitable local facilities or human resources to treat serious conditions. Evacuation to Thailand can take some time. Medical evacuation from remote areas in Myanmar is problematic and is not always possible by air. Land transfer can sometimes take 2 or 3 days. Travel during the wet season could further delay evacuation.

- **Always keep some cash available (US\$).**
- **If you have an ailment, know what to do to lessen effects and keep a stock of any medicine needed.**
- **Keep handy addresses and telephone numbers of people to contact.**
- **If possible, know your first aid**

2. Clinics and doctors recommended in Yangon

2.1 Private Medical Centres/Hospitals

SOS International

Name Dr. Chantal Bonfils

Address Inya Lake Hotel
37 Kaba Aye Pagoda Road

Division Yangon

Phone (1) 657 922

Mobile,
Dr. (9)51 44 997
Bonfils

Email reception.YGN@internationalsos.com

Email, Dr Chantal.bonfils@internationalsos.com
Bonfils

Website www.internationalsos.com

Opening Monday to Friday 8:30am to 5:30pm,
hours Saturday 8:30am to 12.30pm

Other
info **Emergency 24/7**

LEO medicare (Victoria Hospital)

Address No 68, Tawwin Road, 9 Mile
Mayangone Township

Division	Yangon
Phone	(1) 651 238, (9) 49 585 955
24/7 on duty doctor	(9) 49 218 410
Website	www.leomedicare.com
Other infor	Emergency 24/7 Recommended by Dr. Cattin in case of extreme emergency

International Clinic, Parami Hospital (Samitivej)

Name	Dr. Olivier Cattin
Address	No 60 (G-1) Parami Road, 11 th floor Mayangone Township
Division	Yangon
Phone	(1) 657 987 (appointment)
Emergency	01 657 930 (9) 319 11 541 / 319 115 42

Mobile, Dr. Cattin (9) 421 08 55 13
Email, Dr. Cattin ocattin28@gmail.com
Email samitivej.yangon@gmail.com

Australian Embassy Clinic

Name Dr. Mark Hampson
Address Unit 206, Golden Hill Tower, 24-26
Kaba Aye Pagoda Road, Bahan
Division Yangon
Phone (1) 558 353
Email aussieclinyangon@gmail.com
Email, Dr. Hampson Mark.Hampson@dfat.gov.au
Opening hours Monday to Friday, 8am – 4pm,
Other info **No emergency service**

Asia Royal Cardiac and Medical Care

Address 14 Baho Road, Sanchaung Township

Division Yangon

Phone (1) 538 055, 503 261, 536 802, 535 003,
538 054

Opening hours 24 hours

Other info **Cardiac Medical Center**
Recommended by Dr. Cattin in case of
extreme emergency

Pun Hlaing Hospital

Address FMI center, 4th floor, No.380, Bogyoke
Aung San Road, Pebedan Township
OR
Pun Hlaing Golf Estate Avenue, Hlaing
Thayar Township

Division Yangon

Phone 01 243 010 **OR** 01 684323, 684325,
684336, 09 450692206 (Golf Estate)

Opening hours 24 hours

Website <http://punhlaingsiloamhospitals.com/>

2.2 Dentists

Aung Dental Surgery (Info from FR and DE Embassy)

Name Dr. Ingrid Kampfter, **orthodontist**
Dr. Aung Myint, **dentist**

Address No 32 A, Pyidaungsu Lane
Bahan Township

Division Yangon

Phone (1) 556 434 – 541 770

Email aungdental@gmail.com

Website No website address.

Other info Graduated from Frankfurt University

Dental Clinic (info from Dr. Cattin)

Name Dr. Charles William Carrere (FR)

Address Sakura Tower, 2nd floor
339 Bogyoke Aung

Division Yangon

Phone (1) 255 118

Email interdentalclinic.yangon@gmail.com

Opening hours Mon to Sat. from 9 am to 6 pm

2.4 Dermatologist

Kembangan Medical Centre (Info from YEC)

Name

Address No. 365 Bo Aung Kyaw Street (Upper
Block)

Division	Yangon
Phone	(1) 389 824
Email	No email address.
Website	No website address.
Other info	Managed by a Singapore dermatologist

2.5 Ophthalmologist / Glasses and lens

American Vision (referred from SOS)

Name	Prof. Dr. Tin Win
Address	Nr 397, Shwebontha Street, in front of Bogyoke Market
Division	Yangon
Phone	(1) 242476, 241897, 241898
Opening hours	From 4pm to 7pm from Monday to Friday, and from 9am to 2pm on Saturday and Sunday
Email	admin@myanmaramericanvision.com

Website <http://www.americanvisionmyanmar.com/>

Other info Eye hospital, and shop where you can buy glasses and lenses including with prescription

Myittar Oo Eye Care Centre (info from FR Embassy)

Name

Address Nr 499 Pyay Road

Division Yangon

Phone (1) 527 381, 534 281

Email No email

Website No website

Other info

2.6. Orthopaedist

Name Dr. Win Htein

Address Pun Hlaing International Hospital / SOS Clinic

Division Yangon
Phone (1) 684 336
Email winhtein@gmail.com; enquiry.phih@spamm.com

2.7. Physiotherapist

Name Mr. William Ferguson
Address (near US Embassy)
Division Yangon
Phone 09 961 731 584
Email Wilf92@hotmail.com

2.8 Psychologist

Name Dr. Hannah Kyaw Thaung (Irish/Myanmar)
Address Chartered Clinical Psychologist
A5 Anawratha Complex,
Pyay Road
Division Yangon

Phone 09 7918 94546

Email drkyawthaung@gmail.com

2.9 Public Hospitals

Name Yangon General Hospital

Address Bogyoke Aung San Road

Division Yangon

Phone (1) 256 112, 256 131, 256 129, 256 123

Email No email

Website No website

Other Mandatory for traffic accidents and
info criminal cases

3. Pharmacies

Golden Bell

Address: 6 Yuzana Tower, Shwe Gon Daing Road

Phone: (1) 701 883

4. Emergency numbers

Fire	191/192
Central Fire Service dept.	252011/252022
Police:	199

5. Hospitals, clinics, outside Yangon

Mandalay

Mandalay City Hospital	(02)66851-2, 62307
Nandaw Clinic	(02)36128, 60443, 60445-49
Nyein Clinic	(02)65460-64

Nay Pyi Taw

Thiri Thukha Medicare Center	(067)23553
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6. Veterinary Clinics

Dawn Veterinary Clinic (Kanbe)	0924616/541856
Royal Veterinary Clinic	01 504623/532701
(Shwe Gon Dine, across from GSO)	

7. Hospitals in Bangkok (not exhaustive)

Bumrungrad Hospital

33 Sukhumvit 3 (Soi Nana Nua),

Tel: +66 2 253 02 50